

## Leeds Hockey Club Summer League Rules 2021

1. Games will take place on Tuesday evenings from July 6<sup>th</sup> for seven weeks.
2. Games will start at **7:00pm** and **8:00pm** promptly. The pitch must be vacated by 9:05pm as the floodlights will go off automatically by 9:15pm.
3. Umpires will be provided by LHC. **To volunteer, please email [info@leedshockey.co.uk](mailto:info@leedshockey.co.uk).**
4. All games will be played on **Hockey 2** at Sports Park Weetwood (the bottom pitch). Pitch A is nearest the entrance and Pitch B is at the far end.
5. The home team has first half pushback and will wear blue shirts (preferably your Club Shirt or similar colour).
6. The away team is to wear white shirts.
7. Each team is limited to a squad of 10 players of which:
  - a. Seven shall be on the pitch unless otherwise suspended.
  - b. No less than three women shall be outfield at any time.
8. The matches will be played across the pitch using the yellow lines and D.
9. Games will be centrally timed. Matches will be 25 minutes each way. There will be no stopping of the clock for injuries / penalty strokes however play may stop.
10. All rules will be as for 11-a-side except for:
  - a. Any free hit within attacking half cannot go straight into the D, it must travel 5m or be touched by another player first.
  - b. A corner will be taken from a point on the half way line in line with where the ball went off. (Previous rule also applies at corners.)
  - c. At penalty corners all four defending players and the GK must be inside the goal or on the opposite side of the goal from where the corner is being taken. The remaining two players to go into the opposition 'D'.
  - d. At a penalty corner, the first strike on goal shall be taken by a woman.
  - e. Penalty strokes shall be taken by the person that was fouled to create the stroke or their delegate.
11. 3 points will be awarded for a win and 1 point for a draw. The league will be decided on a points basis. In the event of a tie on points, positions will be decided on Goals for, then Goal difference.
12. Games will cost £5 per player. Payment will be made through [ClubBuzz](#).
13. Availability and selection will be undertaken through ClubBuzz. Please ensure that if you are unable to play you create an Omission in '[My Profile](#)'.

Remember this is summer league and the emphasis is on FUN!!